

# Longer walks for the Wokingham health walkers

Winter 2015/2016

These circular walks are intended for regular walkers who are physically fit and able to walk the distances shown. Be prepared for steep hills, rough terrain and mud. Stout walking boots and protective clothing are essential. All participants walk entirely at their own risk. Just turn up and **bring a packed lunch**. Some of the car parks have limited space, so **please share cars** whenever possible. Walks start at 10.00am or 10.30am sharp.

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**Sunday 25<sup>th</sup> October 2015 10.00am. Hambleden** (Distance: 10 miles. Time: 5 hours)

Start at Hambleden car park. Driving time: 30 minutes.

Grid reference: SU 785 866. Explorer 171. Sat. nav. : W: 0.8685; N: 51.5724. Post code: RG9 6RP  
*Chilterns, Southend and Stonor. Two steep ascents.*

**Leader: Paul** (mobile phone 0759 200 4812 – on the day)

**Sunday 29<sup>th</sup> November 2015 10.00am. The Greys circle** (Distance: 10 miles. Time: 5 to 6 hours)

Waitrose car park, Henley. Driving time: 20 minutes

Grid reference: SU 760 828. Explorer 171. Sat. nav. : W 0.9064; N 51.5386  
Chilterns, Greys Court, Highmoor, Lambridge

**Leader: Roger**

**Monday 28<sup>th</sup> December 2015 10.30am. Windsor Great Park** (Distance: about 9 miles. Time: about 5 hours)

Cranbourne Gate car park. Driving time: 33 minutes

Grid reference: SU 947 728. Explorer 160. Sat. nav.: W 0.6381 N 51.4461.  
*A walk in the park on mainly firm paths*

**Leader: Peter** (mobile phone 07802 247642)

**Sunday 31<sup>st</sup> January 2016 10.00am Eversley** (Distance: 11.5 miles. Time 5-6 hours)

The green at Eversley Church. Driving time: 22 minutes.

Grid reference: SU 780 610. Explorer 159. Sat. Nav. : W 0.8813; N 51.3424. Post code RG27 0PX  
*A varied, mostly level walk, possibly muddy*

**Leader: David** (mobile phone 07799 352252)

**Sunday 28<sup>th</sup> February 2016 10.30am Lane End** (Distance: 8.5 miles. Time 4 to 5 hours)

Lane End car park. Driving time: 35 minutes.

Grid reference: SU 807 919 Explorer 171. Sat nav. : W 0.8355; N 51.6199  
*A fairly hilly Chilterns walk, via Skirmett, Turville and Fingest*

**Leader: Peter** (mobile phone 07802 247642)

**Sunday 27<sup>th</sup> March 2016 10.30am Hambleden** (Distance: 10.5 miles. Time: 5 to 6 hours)

Hambleden car park. Driving time: 30 minutes.

Grid reference: SU 785 866. Explorer 171. Sat. nav. : W: 0.8685; N: 51.5724. Post code: RG9 6RP  
Chiltern Hills to the east of Hambleden

**Leader: Richard** (mobile phone 07938 573160)

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Maps: Ordnance Survey Explorer 1:25000

Sat. nav. co-ordinates: Degrees and decimals.

Driving times: from Woodley, per AA route planner

Further location details will be published on [www.healthwalks.org.uk](http://www.healthwalks.org.uk) before each walk.